

Hospitality Internship - Complete Hospitality Training

Canonical: <https://cht.edu.au/hospitality-internship/>

Details:

CHT runs a hospitality internship program built around the subclass 407 Training visa , aimed at people already in Australia on a working holiday or similar temporary visa who want to stay longer and build hospitality experience. This page sets out what CHT says the program offers, what the subclass 407 framework actually requires, and one point about the onward visa pathway that is worth understanding before you commit.

What CHT describes

According to CHT, the program:

runs for 12 to 18 months

allows full-time work without the hour restrictions that apply to some temporary visas

places participants with host employers in a range of locations, Melbourne and Queensland among them

is intended to lead to employer sponsorship at the end of the placement

CHT states the eligibility conditions as: a valid passport; at least 12 months hospitality experience within the last 24 months ; employability as a Cook, Chef or Restaurant Manager ; functional English; a medical examination; and medical insurance, which CHT says it will help arrange.

Applications are made through the form on this page or by contacting CHT directly.

What the subclass 407 visa actually is

The Training visa (subclass 407) is a Commonwealth temporary visa administered by the Department of Home Affairs. It allows a person to come to, or remain in, Australia to undertake occupational training or a professional development program. It is granted for up to two years .

Three structural points matter, because they are not always visible in program marketing:

It requires a sponsor. A subclass 407 applicant must be sponsored by an approved temporary activities sponsor , and that sponsor must lodge a nomination of the training program. The visa is not something an applicant obtains alone.

It is a training visa, not a work visa. The occupational training must be structured and must relate to the applicant's existing skills or field. Work performed has to sit within that training program.

The nomination is assessed on its own merits. An approved sponsor and an eligible applicant are two separate requirements, and each is assessed separately.

Who sponsors participants in CHT's program, and who lodges the nomination, is a question for CHT. This page does not assert that CHT is an approved temporary activities sponsor, because that status is not something we have verified against the Home Affairs register. Ask CHT directly, and ask for the sponsor's name.

The onward pathway — read this part carefully

CHT's page describes the program as leading to sponsorship under a "482 Temporary Skill Shortage (TSS) Visa" . Two corrections apply.

First, the name. The Temporary Skill Shortage visa was replaced by the Skills in Demand (SID) visa in December 2024. The subclass number is still 482 , but the visa, its streams and its occupation list changed. Material still referring to "TSS" is describing the earlier arrangement.

Second, and more importantly, the occupation. The Skills in Demand visa's Core Skills stream draws on the Core Skills Occupation List (CSOL) . Against that list:

ANZSCO	Occupation	On the CSOL?
351311	Chef	Yes — item 386
351411	Cook	Yes — item 387
141111	Cafe or Restaurant Manager	No — absent from the list
141311	Hotel or Motel Manager	Yes — item 38
141411	Licensed Club Manager	Yes — item 39

That 141111 negative is a checked result, not a gap in our research: the CSOL is a single numerically sorted list, item 37 is Regulatory Affairs Manager and item 38 is Hotel or Motel Manager, and 141111 would sort between them. It is not there.

So of the three occupations CHT names in its eligibility criteria, Chef and Cook have a Core Skills stream pathway and Cafe or Restaurant Manager does not . Someone entering the program intending to end up sponsored as a restaurant manager should raise this with CHT and with a registered migration agent before committing. Related management occupations — Hotel or Motel Manager, Licensed Club Manager — are on the list, so this is a question of which occupation the nomination is made in, not a dead end.

Home Affairs also applies caveats that can exclude an occupation in particular circumstances, including ones historically attached to Chef and Cook relating to business size and limited-service venues. Those caveats have not been checked here and could narrow a pathway that otherwise looks open.

Where CHT's other services connect

CHT is an appointed provider for two Trades Recognition Australia programs, both limited to Chef (351311) and Cook (351411) :

TSS Skills Assessment Program — for Skills in Demand (subclass 482) applicants

Offshore Skills Assessment Program (OSAP) — for skilled migration applicants other than 482 and 485

See skills assessment and TRA assessment for how those work. The appointment does not extend to Cafe or Restaurant Manager.

Common questions

How long does the internship run?

CHT states 12 to 18 months. The subclass 407 visa itself can be granted for up to two years.

Can I work full time?

CHT states the program allows full-time work without restriction. Note that under the visa framework the work must sit within the approved training program.

Does this guarantee sponsorship afterwards?

No. CHT describes it as establishing an opportunity to secure sponsorship. Sponsorship is a decision for the host employer, and any subsequent visa is a decision for Home Affairs.

Is CHT a migration agent?

CHT is a registered training organisation, RTO 3722. Migration advice in Australia may only be given by a registered migration agent or an Australian legal practitioner. For advice on your own circumstances, use the OMARA register .

I hold a working holiday visa that is expiring. Is this suitable?

That is the situation the program is aimed at. Whether it is suitable for you depends on your occupation, your experience, and your visa history — all of which need individual advice.

About the provider

Complete Hospitality Training , RTO 3722, CRICOS 04242E. Level 3, 28 Elizabeth Street, Melbourne VIC 3000. Contact melbourne@cht.edu.au or +61 3 9654 1554 .

Visa settings change frequently and this page is not migration advice. Confirm current requirements at immi.homeaffairs.gov.au . CSOL positions were verified against the Core Skills Occupation List as retrieved 1 September 2026.